http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware : keeping children safe online and tells you about the sites children go on and how safe they are.

https://www.net-aware.org.uk/   Parents' guide to the social networks your children use

https://www.saferinternet.org.ukhelp and advice for children, parents and teachers

www.thinkuknow.co.uk/parents If you are concerned or want to report something

https://families.google.com/familylink/   Help your family create healthy digital habits. Whether your children are younger or in their teens, the Family Link app lets you set digital ground rules to help guide them as they learn, play, and explore online.

https://www.life360.com/ Life 360 is a Family Locator App that lets you locate family members and quickly communicate with them. The App is available on Android, iPhone and Blackberry.

https://www.qustodio.com/en/family/how-it-works/   Qustodio can be installed on children's mobile phones giving parents access for setting restrictions to content they are viewing, ability to give screen time restrictions, smart web filters, call blocking and panic button.

[Link to list of O2 sites for internet safety](#) Including Internet safety for children, age restricted content and age verification