

PE Overview 2022-23

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	FMS - Fundamental Movement Skills	FMS – How to catch a star	FMS - Castles	FMS – Rosie’s Walk	FMS – Seaside	FMS – Jack and the Beanstalk
Y1	Baseline Unit - Supertato	FMS – Underarm Throw	Gymnastics – Y1 Activities 1	FMS – Catching and Bouncing a Ball	FMS – Overarm Throw	Athletics – Y1
	Dance – Three Little Pigs		FMS – Rolling a Ball		Gymnastics – Y1 Activities 2	
Y2	Dance – Y2 Seaside	Gymnastics – Y2 Activities 1	Games – Y2 Net and Wall	FMS – Y2 Playground games in the 20 th Century	Athletics – Y2	<u>FMS end of KS1 Assessment</u>
		FMS - Y2 Bounce Ball		OAA – Y2 – The Great Outdoors		Games – Y2 Striking and Fielding
Y3	OAA – Y3/4 – Trust and Trails	Gymnastics – Y3 Activities 1	Creative Games – Y3/4 Tag and Target	Invasion Games – Y3 Netball	Games – Y3/4 Net and Wall Unit Core Task 1	Invasion Games – Y3 Rugby
		Target Games – Y3/4 Dodgeball		Gymnastics – Y3 Activities 2		Dance Y3/4 Ironman
Y4	Gymnastics – Y4 Activities 1	Invasion Games – Y3 Basketball	Games – Y3/4 Net and Wall Unit Core Task 2	Target Games – Y4 Boccia	Striking and Fielding – Y3/4 Rounders	Swimming
	Athletics – Y3/4		Dance – Y3/4 Sparks Might Fly			
Y5	Swimming	Gymnastics – Y5 Gymnastics Activities 1	Swimming	Dance – Y5/6 Food, Glorious Food	OAA – Y5 Orienteering	Athletics – Y5/6
		Swimming				Striking and fielding – Y5/6 rounders
Y6	Invasion games – Y5/6 hockey	Year 6 Gymnastics 1	Dance – Y5/6 Heroes and Villains	Yr 5/6 Striking and Fielding - Cricket	Year 5/6 Net and Wall - Tennis	Y5/6 Creative games
	Teambuilding – Y5/6 OAA		Y5/6 Invasion games - Netball			

*It is up to the teacher **when** these units are taught, this is just a suggestion. Teachers will need to think about how many progressions/lessons there are in each unit before deciding which half term to teach it. Teacher may also want to swap units to ensure that they coincide with related learning in other areas of the curriculum or to ensure that the weather will be fit for purpose. When children are being taught by both the PPA cover teacher and class teacher in the same term, two units have been suggested.