

## PE Overview - Last Updated Spring 2022

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	FMS - Fundamental Movement Skills	FMS – How to catch a star	FMS - Castles	FMS – Rosie’s Walk	FMS – Jack and the Beanstalk	FMS - Seaside
Y1	Baseline Unit - Supertato	FMS – Underarm Throw	Gymnastics – Y1 Activities 1	FMS – Catching and Bouncing a Ball	FMS – Overarm Throw	Athletics – Y1
	Dance – Three Little Pigs		FMS – Rolling a Ball		Gymnastics – Y1 Activities 2	
Y2	Dance – Y2 Seaside	Gymnastics – Y2 Activities 1	Games – Y2 Net and Wall	FMS – Y2 Playground games in the 20 <sup>th</sup> Century	Athletics – Y2	FMS end of KS1 Assessment
		FMS - Y2 Bounce Ball		OAA – Y2 – The Great Outdoors		Games – Y2 Striking and Fielding
Y3	Dance – Y3/4 Ironman	Gymnastics – Y3 Activities 1	Creative Games – Y3/4 Tag and Target	OAA – Y3/4 – Trust and Trails	Games – Y3/4 Net and Wall Unit Core Task 1	Invasion Games – Y3 Rugby
		Target Games – Y3/4 Dodgeball		Gymnastics – Y3 Activities 2		Invasion Games – Y3 Netball
Y4	Gymnastics – Y4 Activities 1	Invasion Games –Y4 Handball	Invasion Games – Y4 Basketball	OAA – Y3/4 Team Work and Problem Solving	Striking and Fielding – Y3/4 Rounders	Athletics – Y3/4
	Target Games – Y4 Boccia		Dance – Y3/4 Sparks Might Fly			
Y5	Gymnastics – Y5 Gymnastics Activities 1	Dance – Y5/6 Food, Glorious Food	Swimming	OAA – Y5 Orienteering	Striking and fielding – Y5/6 rounders	Athletics – Y5/6
				Swimming		
Y6	Gymnastics - Y6 Gymnastics Activities 1	Dance – Y5/6 Heroes and Villains	Striking and Fielding – Y5/6 Cricket	OAA – Y5/6 Teambuilding	Net and Wall – Y5/6 Tennis	Invasion games – Y5/6 hockey
	Swimming		Swimming			

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\*It is up to the teacher **when** these units are taught, this is just a suggestion. Teachers will need to think about how many progressions/lessons there are in each unit before deciding which half term to teach it. Teacher may also want to swap units to ensure that they coincide with related learning in other areas of the curriculum or to ensure that the weather will be fit for purpose. When children are being taught by both the PPA cover teacher and class teacher in the same term, two units have been suggested.