



This Month's Value is **Independence**

## **Come Dine with Me**

Thank you to the families of Year One and Reception children who have come into school and enjoyed a school lunch with their children. Although everyone had to squeeze their long legs under tables it was great to have positive feedback about the meals, the children's independence and how they enjoyed seeing how lunchtime worked.



## **Increase in cost of School Meals**

As a larger school we have been able to hold back from increasing the costs of school meals to parents this school year, however, from September 2022, a school meal will cost £2.40. Please be assured children who are eligible for free school meals are not identifiable; If you think your child may be eligible, please contact 01524 571207 and be ready to share your National Insurance Number. Children eligible for FSM get an automatic 50% discount for school trips.

## **Thank You Mrs Fielding**

Mrs Fielding has been the manager of the Sunrise and Sunset Clubs since they started at Great Wood. Mrs Fielding is making a change in her career path and her last day as a Great Wood employee will be this Friday. Mrs Mulligan, who is also our Senior Mid day Supervisor and currently Sunrise Club Deputy Manager will start as Manager from Monday. She can be contacted on [sunrisesunset@greatwood.lancs.sch.uk](mailto:sunrisesunset@greatwood.lancs.sch.uk) Mrs Fielding has done a fantastic job not only ensuring that the clubs run smoothly but setting up many of our systems. We wish her every success!

## **Mental Health Support**

At the end of the newsletter are links to a series of videos produced by Lancashire Emotional Health in Schools and Colleges that are useful for parents: Understanding Anxiety in Children, Good Communication with Children and Promoting Resilience. They all include preventative strategies and parents of all ages are encouraged to take a look.

Please see the Ten Tips for talking to your child about the use of social media and the internet <https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/social-media/>

Almost half of Y6 parents attended an evening session on The Teenage Brain – What to Expect last week led by our Mental Health Support, Mel Satterthwaite and Learning Mentor, Danielle

Dewhurst. Parents said it was interesting and useful and they were interested to learn more. A summary of key points and links will be on the school website soon.

### **Class Photos**

The Photos are available to view in the school foyer and can be ordered on Parent Pay now – last date to order 8<sup>th</sup> July 12pm.

### **Meet the Teacher – Routines for Next Year**

Parents have an opportunity to meet with next year's class teachers and hear a little about routines and plans. We register the children, they go into the hall for an assembly and the teachers are then available to meet in the classrooms. Please wait in the playground or outside Year 1 until the rooms are free and teachers collect you. It will be as soon after 9am as possible.

- Wednesday 13<sup>th</sup> July 9 - 9:30am for Y1 and Y2
- Thursday 14<sup>th</sup> July 9- 9:30am for Y5 and Y6
- Tuesday 19<sup>th</sup> July.9 - 9:30am for Y3 and Y4

### **Great Wood's Walking Curriculum**

Not only have the local walks in each year group stretched some pupils beyond what they thought they were capable of, lots of learning has taken place. The children have been following the routes on maps, using grid references and keys, and linking science and history learning on route. Year 6 also completed compass work when they were on the moors above Littledale. The preparation and risk assessments have been a challenge and thanks go to the staff for all their additional work.

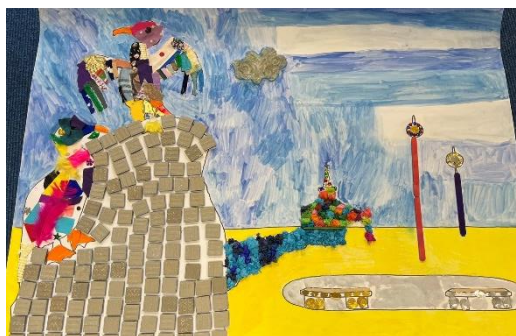
### **After School Access**

Everyone is aware that junior children can't play on the timber trail or infant play towers before school but children are allowed to use it after school if directly supervised by parents. It is great that the timber trail is used after school however, although parents and pupils have been told that children can't go beyond the willow tunnel or off the front part of the playground, Sunset Club staff have to keep telling children that they can't be on the field or in the football area after school. Notice is being given that if we have repeat offenders who are distracting staff from their primary purpose, the right to use the school facilities may be withdrawn for these pupils. If your child stays and plays, please make sure they know the boundaries and keep to them.

We also have a concern with the mixing of children in Sunset Club and parents who have come to after school football on the field. Please be aware that these are not spectator sessions. Parents are asked to stay on the playground ( unless they are a volunteer and DBS checked) and the children return to pick up their belongings from the classroom and are dismissed from the school's main door.

**Shortlisted** Great Wood's entry in the Community Collage Wellbeing Competition was shortlisted and will **be exhibited at The Storey, Lancaster, Thursday 23<sup>rd</sup> to Saturday 25<sup>th</sup> June 2022.**

The exhibition is open to the public; Entry is free and we are inviting people to vote for this year's winners in 3 age categories. We'd love it if your children's parents, teachers, friends and family came along.



Lancaster Integrated Care Community  
**Collage Exhibition 2022**  
'Celebrating Our Community'  
Thur 23<sup>rd</sup> & Fri 24<sup>th</sup> June, 9am-6.30pm  
Sat 25<sup>th</sup> June, 9am-4pm  
The Storey, Lancaster, LA1 1TH

Free Entry  
Everyone Welcome  
Come and vote for your favourites to  
decide this years overall category  
winners.

NHS  
Lancaster Integrated Care Community  
THE BAY HEALTH FESTIVALS

## **Summer Festival**

A separate notice has gone out about the Summer Festival. Times are 12.00pm-6.30pm. The weather forecast is promising. Please remember your chairs/blankets etc Please be aware the woods are out of bounds. However, there will be a time during the afternoon when parents have an opportunity to go into the woods, escorted by Mr Ross. The PTA raised funds for a dipping platform and this has been installed since the last Summer Festival. Thank you to the three family volunteers who have offered an hour of support – We may not be able to have an ice lolly stand or the chocolate tombola without a few more. Teachers and staff are running craft activities and activities. Please let the office know ASAP if you can help.

## **Understanding Mental Health**

The video below features Stacey from [LANCASHIRE EMOTIONAL HEALTH IN SCHOOLS AND COLLEGES](#) talking through some ways in which we can better understand mental health in ourselves and our children, and what kinds of things affect our mental health.

We know that an important way in which schools can support pupils is by working together with parents sharing information about how they can help support and promote good mental health for their children.

<https://youtu.be/dQ93tIm3zHg>

## **Understanding Anxiety in Children and Young People**

In the video below, talks about stress and anxiety, what it is and why it happens to us and your children. We hope this will help you to better understand why your child gets anxious sometimes, and what is happening to them at these times. The video finishes with some ideas for good ways to support your child when they are feeling anxious.

<https://youtu.be/7QWfLqbi72A>

## **Good Communication with Children and Young People**

In the next video, Lucy talks about the importance of good communication, and how communicating well with our children can help to support their mental health and wellbeing. She outlines some ideas for good communication about feelings and emotions, as well as what to try when communicating can be hard, for example when our children are upset or angry.

[https://youtu.be/O7hdzARz\\_gM](https://youtu.be/O7hdzARz_gM)

## **Promoting Resilience**

The video below features Anna outlining what resilience and resiliency skills are, and talking through a model of resilience and how parents could improve resiliency skills in their child.

<https://youtu.be/395NYEhvc3k>

## **Other Events**

Activities are added to our Facebook page. Use the F logo on our website homepage to see the posts – you don't have to have a Facebook account.

## Diary Dates

June	
25.06.2022	GREAT WOOD SUMMER MUSIC FESTIVAL 12pm-6.30pm
27.06.2022	SCHOOL CLOSED- INSET DAY
27.06.2022	New Starter's Sept 22 – Parent's visit
30.06.2022	Governor's Meeting
05.07.2022	EYFS Trip to Sunderland Point
08.07.2022	Pupil Reports Sent Home
13.07.2022	Y6 Perform `OLIVER` 1.45pm
13.07.2022	Y1 and Y2 Meet the Teacher 9am-9.30am
14.07.2022	Y6 Perform `OLIVER` 6.00pm
14.07.2022	Y5 and Y6 Meet the Teacher 9am-9.30am
15.07.2022	Y6 Leavers Party 4pm-8pm
19.07.2022	Y3 and Y4 Meet the Teacher 9am-9.30am
20.07.2022	Last day of term – normal finish time. Y6 Leavers Assembly 2pm-3pm

**THE BAY HEALTH FESTIVALS**  
BARROW • LANCASTER • KENDAL

The Health & Care Partners  
Let's go together  
NHS

**10th July**  
**9:30-12pm**  
Ride our traffic-free route through the city to Dalton Square

**RIDE LANCASTER**

Our cycling village aims to bring people together united by the simple pleasure of riding a bike, and hopefully encourage non-cyclists to give it a go!

**WEBSITE**  
[thebayhealthfestivals.org.uk](http://thebayhealthfestivals.org.uk)

**SOCIAL MEDIA**  
@TheBayHealthFestivals

**EVENTBRITE**  
The Bay Health Festival

Visit our website for more information